



**Indian Team Selection Trials for
Asian Senior, Junior & Cadet Kurash Championship
2025 – Cheong Ju, Korea**



DATE: 15th TO 17th MAY 2025

VENUE: INDOOR SPORTS HALL, BHAGWATI NAGAR, JAMMU

RULES & REGULATIONS

1. Eligibility Criteria: All participating athletes must fulfill the following conditions:

- a) **Citizenship:** Must be an Indian citizen with valid government-issued identification.
- b) **Passport Requirement:** Must possess a valid Indian passport with a minimum validity of 12 months from the date of selection.
- c) **Age & Weight Categories:**
 - Seniors (Age: 17–35 years, Born 2008–1990)**
 - **Men:** -60kg, -66kg, -73kg, -81kg, -90kg, -100kg, -120kg, +120kg
 - **Women:** -48kg, -52kg, -57kg, -63kg, -70kg, -78kg, -87kg, +87kg
 - **Match Duration:** Men – 4 minutes, Women – 3 minutes
 - Juniors (Age: 16–17 years, Born 2008–2009)**
 - **Boys:** -42kg, -46kg, -50kg, -55kg, -60kg, -65kg, -71kg, -77kg, -83kg, -90kg, +90kg
 - **Girls:** -36kg, -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70kg
 - **Match Duration:** Men – 4 minutes, Women – 3 minutes
 - Cadets (Age: 14–15 years, Born 2010–2011)**
 - **Boys:** -38kg, -42kg, -46kg, -50kg, -55kg, -60kg, -65kg, -71kg, -77kg, -83kg, +83kg
 - **Girls:** -33kg, -36kg, -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, +63kg
 - **Match Duration:** Men – 3 minutes, Women – 2 minutes
- d) **Prior Participation:**
 - A player will be eligible to participate in the selection trials only if they have participated at least once in a national or international Kurash event in the past.
- e) **Health & Fitness:** Must be medically fit. A valid medical fitness certificate from a registered medical practitioner is mandatory.

2. Documentation & Equipment

a) **Mandatory Documents:**

- Original passport (for age verification)
- Two recent passport-size photos.
- Certificate of past participation in a Kurash National or International event.

b) **Kurash Uniform:** Participants must bring Green and Blue Kurash Yakhtak, as per international standards.

c) **NOC:** Submission of the Parent's Consent Form in the prescribed format of the Indian Kurash Association is mandatory at the time of reporting.

3. Selection Trials Format

a) **General Format:**

- Knock-Out format will be used in weight categories with six (6) or more participants.
- Round Robin format will be used in categories with less than six (6) participants.

b) **Officiating:** Conducted by certified referees and technical officials appointed by the Association.

c) **Rules:** Matches will be governed strictly as per the International Kurash Association rules.

4. Videography

a) Videography of all matches is mandatory.

b) The Indian Kurash Association will record all matches for official review, transparency, and documentation purposes.

5. Decision Review & Protests

- a) If a referee's decision is found incorrect during a match, it is the duty of the Jury Members to correct the decision immediately.
- b) If a coach disagrees with the decision, they must submit a formal protest within 15 seconds, along with a protest fee of ₹500.
- c) If the protest is found to be valid after review, the protest fee will be refunded.

6. Final Selection

- a) The First Position Holder in each weight and age category will be selected to represent India at the Championship.
- b) The Second Position Holder will be selected as a reserve player for the respective category.

7. International Participation Costs

- a) The selected player shall bear all expenses incurred for participation in the Asian Senior, Junior & Cadet Kurash Championship 2025 in Cheong Ju, Republic of Korea.

8. Additional Terms

- a) The Indian Kurash Association reserves the right to amend or cancel the trials due to unforeseen circumstances.
- b) All selected players (including reserves) must attend the national training camps organized prior to the Championship.
- c) Submission of false documents, misrepresentation, or breach of discipline will result in immediate disqualification.

- d) The Indian Kurash Association & Selection Committee shall not be held responsible for any injuries, accidents, or medical emergencies during the trials. All participants will compete at their own risk. In the case of minors, parents/guardians are fully responsible for the participation of their wards.
 - e) If any other situation arises that is not covered by this policy, it will be resolved by the majority decision of the selection committee.
-

9. Fee

- a) Trials Fee ₹2000 per participant for each category, payable at the time of reporting.
-

10. Accommodation & Meals

- a) All participants are responsible for their own lodging and food arrangements.
 - b) The organizing committee can assist by providing contact details of nearby accommodations.
-

11. Player Registration

- a) **Last Date:** 5th May 2025.
- b) **Registration Link:**

https://docs.google.com/forms/d/e/1FAIpQLScJXmqldVppBu1DnlZ_NoeBWpZZ62xy8wGrSMpyrcz4BvRAA/viewform?usp=sharing

11. Public Transport Access

- a) **Nearest Bus Stand:** Jammu General Bus Stand (approx. 04 km from venue)
- b) **Nearest Railway Station:** Jammu Tawi Railway Station (approx. 07 km from venue)
- c) **Nearest Airport:** Jammu Airport (approx. 8 km from venue)

12. Program

- **Junior & Cadet Age Group**
 - **Reporting:** 15 May 2025 at 02:00 PM
 - **Trial Weigh-In:** 15 May 2025, 04:00 PM to 05:00 PM
 - **Official Weigh-In:** 15 May 2025, starting at 05:00 PM
 - **Competition:** 16 May 2025, starting at 09:00 AM
- **Senior Age Group**
 - **Reporting:** 16 May 2025 at 02:00 PM
 - **Trial Weigh-In:** 16 May 2025, 04:00 PM to 05:00 PM
 - **Official Weigh-In:** 16 May 2025, starting at 05:00 PM
 - **Competition:** 17 May 2025, starting at 09:00 AM

13. **Correspondence:** For any other Information / Clarification please contact:

- Mr. Ravi Kapoor, President, The Indian Kurash Association, Mobile No. +91 9711346930
- Mr. Vikrant Kumar, General Secretary, The Indian Kurash Association, Mobile No. +91 9259715717
- Email: theindiankurashassociation@gmail.com



Vikrant Kumar

General Secretary

The Indian Kurash Association

